



International Centre for Excellence  
in Emotionally Focused Therapy

CONFIRMATION OF  
EMOTIONALLY FOCUSED INDIVIDUAL THERAPY TRAINING  
IS AWARDED TO

**Raasha Shaikh**

For completion of the Essentials in Emotionally Focused Individual Therapy®  
IN CONJUNCTION WITH

**Mindedge Learning LLP**

Dates: 20 June 2025 - 23 June 2025

Location: Gurugram (India) (In-Person)

Hours: 24 Professional Development hours

Elmien Lesch, Certified EFT Trainer